

Glen's Gear List - Continental Divide Trail, 6 hiking days, with resupply/zero day in middle
August, 2012 (highs in 70s, lows to 40s, daily thunderstorms and showers)

item	description / notes / rationale	in pack	wear / carry	consume	maximum on back
PACK - SHELTER - SLEEPING					
backpack	GG Murrur (old spinnaker, no belt)	6.4			
waterproof pack cover	Mylar bag	1.0			
sleeping pad	GG Thinlight 3/8" - 30" l, 12-16" w	2.1			
insulation pad	none	0.0			
shelter	GG Naked One (prototype)	12.5			
shelter support (poles, etc.)	(Using trekking poles)	0.0			
shelter stow sack	None	0.0			
stakes	6 carbon fiber stakes	1.2			
stake bag	None	0.0			
guylines	Included in shelter weight	0.0			
sleeping bag	GG Sleepight Plus (long)	20.6			
ground sheet or bivy sack	GG polycryo - small	1.2			
CLOTHING					
underwear - bottoms	Ex Officio boxers		3.6		
base / wicking layer top	SEKRI wicking long sleeve		6.5		
base / wicking layer bottom	REI convertibles (tall)		13.2		
insulating top	Montbell Ex Light down jacket L	5.7			
insulating bottoms	None	0.0			
raingear (hard shell) top	Golite Malpais Trinity	7.9			
raingear (hard shell) bottoms	DriDucks DIY rain skirt	3.2			
waterproof glove shells	Outdoor Research	0.7			
windgear (soft shell) top	None	3.7			
windgear (soft shell) bottoms	None	0.0			
warm gloves	RAB MeCo gloves	1.0			
warm hat	Possumdown	1.7			
sun hat	Tilley		3.3		
sun gloves	Coolibar (modified)		0.9		
neck protection	Bandanna		0.9		
socks	Injinji		0.9		
spare socks	Balega wicking	0.8			
gaiters	Simblissity Levaqaiters		1.9		
sleeping socks	Fleece		1.8		
shoes	Altra Lone Peak		26.2		
clothing stuff sack	Cuben fiber (Zpacks)	0.3			
COOKING - WATER					
stove	TD gram cracker	0.1			
windscreen	TD Caldera Keg	1.0			
fuel bottle	none - fuel tabs	0.0			
matches / lighter	paper matches	0.1			
cook pot	TD Heine-GVP with bands	1.2			
cook pot lid	TD Heine lid	0.2			
cook kit stuff sack	homemade cuben fiber with insulation	0.4			
utensils	bamboo spoon	0.3			
food storage bag	homemade spinnaker	0.6			
bear bag hang system	aloksak	0.0			
bear bag hang system	60' spectra 725 line, garlic bag, mini	0.0			
water storage	3 liter platy	1.5			
water storage	1 liter Smart Water bottle	1.6			
hydration	Platy drinking tube	2.7			
water treatment	NaClO in mini dropper bottle	0.4			
MISCELLANEOUS ITEMS					
flashlight / headlamp / whistle	Fenix L0D, whistle on lanyard		1.1		
blade	DermaSafe		0.3		
trekking poles	GG Lightrek 4 adjustable		6.0		
headnet	petersheadnets.com	0.0			
bug dope	None	0.0			
sun	mini tube spf 30 plus mini lip balm	0.7			
toothbrush	GG Finger toothbrush and floss	0.2			
toothpaste	(use Dr. Bronner's)	0.0			
hygiene	Dr. Bronner's soap	0.3			
toilet paper	1/2 disposable shop towel per day	0.6			
hygiene	micro bottle alcohol gel	0.3			
LNT kit	3 mil bags for packing out used TP	0.5			
small items bag	Cuben fiber (Zpacks)	0.1			
blister & minor wound care	antibiotic, bandaids, compeed, etc	0.9			
meds	Imodium, Tylenol pm, naproxin, etc	0.8		1.0	
mini scissors, tweezers		1.8			
notes	Rite in the Rain page, Sharpie	0.4			
reading glasses	i4u lenses	0.2			
firestarting kit	Sparker and tinder	0.2			
repair	8" duct tape, needle/thread, safety pin	0.2			
sunglasses on cord	Silhouette prescription titanium		0.4		
watch	Suunto Observer titanium		2.7		
compass	(on watch)	0.0			
camera (documentation)	Casio Exilim EX-510		4.6		
stickpic			0.4		
maps and permits		3.3			
CONSUMABLES					
food - snacks	3 days at 1.6 lbs. per day			76.0	
water	1 L average carried			32.0	
fuel (esbit)	0.5 oz per day (hot dinners only)			1.5	