

Glen's XUL Gear List

Sub 4 lb 3 days/2 nights on trail, PCT in southern Calif., 6,000 - 8,000 ft elevations, spring 2005

		in pack	wear / carry	consume	total
item	description / notes / rationale	3.71	4.66	4.56	12.94
PACK - SHELTER - SLEEPING					
backpack	GG G6 Whisper Pack	3.6			
waterproof pack cover	GG Mylar liner bags (Prototype)	2.4			
sleeping pad	GG Thinlight 3/8" - 30" l, 12-16" w	2.0			
waterproof sleeping pad stow sack	None - use pack liner bag	0.0			
shelter	GG SpinnWedge Tarp (Prototype)	5.0			
shelter support (poles, etc.)	(Using trekking poles)	0.0			
shelter stow sack	None	0.0			
stakes	7 GG Tite-Lite titanium	1.6			
stake bag	None	0.0			
guylines	GG spectra 200 hi-vis 25 ft.	0.1			
sleeping bag	GG Sleepight (Long)	18.0			
ground sheet or bivy sack	1/2 mylar emergency blanket	0.8			
CLOTHING					
underwear - bottoms	Athletic support briefs		3.7		
base / wicking layer top	Icebreaker superfine wool zip T		9.9		
base / wicking layer bottom	REI long convertibles		13.4		
insulating top	Montbell down vest	4.2			
insulating bottoms	Nylon superlight tights	1.7			
raingear (hard shell) top	GG DriDucks (XL)	5.7			
raingear (hard shell) bottoms	GG SpinnChaps (prototype)	1.5			
waterproof glove shells	(use ziplocs in emergency)	0.0			
windgear (soft shell) top	Use Driducks	0.0			
windgear (soft shell) bottoms	Use SpinnChaps	0.0			
warm gloves	None - use sleeping socks as mittens	0.0			
warm hat	Mtn Hardware Polarstretch balaclava	1.3			
sun hat	Tilley LT5		3.4		
neck protection	Bandanna		0.9		
socks	Fox River wool		1.7		
spare socks	Possumdown sleeping socks	1.6			
shoes	Salomon Tech Amphibians		32.0		
clothing stuff sack	None	0.0			
COOKING - WATER					
stove	Built into windscreen	0.0			
windscreen	Beer can combo stand/windscreen	0.4			
fuel bottle	None	0.0			
matches / lighter	Strike anywhere matches	0.1			
cook pot	Fosters Beer Can (trimmed)	0.7			
cook pot lid	None	0.0			
drinking mug	Use cook pot	0.0			
utensils	Dairy Queen long spoon	0.1			
food storage bag	Aloksak	0.9			
bear bag hang system	N/A	0.0			
water storage	GG 2- 2 L platy	2.4			
water treatment	GG Aquamira in mini bottles	1.0			
MISCELLANEOUS ITEMS					
flashlight / headlamp	GG 1 red + 1 white photon on lanyard		0.5		
trekking poles	GG Lightrek 130 cm		4.8		
headnet		0.7			
bug dope	Small bottle DEET	0.3			
sun	GG Dermatone SPF23	0.4			
toothbrush	GG Finger toothbrush and floss	0.2			
toothpaste	(use Dr. Bronner's)	0.0			
hygiene	Dr. Bronner's soap	0.2			
toilet paper	1/2 disposable shop towel per day	0.3			
small mesh bag	North Face	0.3			
blister & minor wound care	antibiotic, bandaids, compeed	0.4			
whistle			0.1		
firestarting kit	Sparker and tinder	0.2			
repair	duct tp,needle,thread,sfty pin,razor bld	0.3			
sunglasses on cord	Maui Jim titanium, GG hides		1.5		
watch	Suunto		2.7		
compass	(on watch)	0.0			
maps and permits		1.0			
CONSUMABLES					
food	2 days at 1.25 lbs			40.0	
water	1 L average carried			32.0	
fuel	1 Esbit per day			1.0	